

1000 Things Before Kindergarten

Receive a free, brand new book to keep for every 100 books or activities.



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On Your Way to Your First Day

Every book or activity counts: Even if your child wants to hear the same book, or complete the same activity over and over again, you can count it each time.

Birth to 18 months

Sing a song

Say nursery rhymes

Let baby hold a board book
and turn pages

Do a finger play

Play peekaboo

Point out pictures in a book
and name them

Point to and identify parts
of the body

MOVE IN RHYTHM.

Clap, tap, rock, or kiss your baby in a
steady rhythm. Count while you do it

ROLL A BALL.

Roll a ball or a bottle back and forth.

18 months to 3 years

Read a book and have
child point out pictures

Dance to music together

Draw and color

Play with blocks

Point out and name places
and objects

Visit the library and
check out books

Play with bubbles
and make observations

Compare sizes and amounts

Play guessing games

Talk about feelings

3 to 5 years

Have child draw a picture
and tell a story about it

Sing the alphabet song
while washing hands

Cut out pictures from magazines
to make a story

Identify shapes you
see every day

Play Simon Says

Count things out loud

Go on a nature walk

Ask open ended questions like
"What would happen if..?"

Do a cooking activity together

Match and sort objects